

# Jumpstart Your Life On Purpose Workbook

by  
**Dr. W. Bradford Swift**

Founder, Life On Purpose Institute  
Life On Purpose Certified Coach  
<http://www.lifeonpurpose.com>  
[brad@lifeonpurpose.com](mailto:brad@lifeonpurpose.com)



**LIFE ON PURPOSE INSTITUTE**

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## **Introduction**

If you're ready to JUMPSTART your life on purpose – to bring a deeper sense of purpose, passion and play to your life – you've come to the right place. In this 3-part program you will create a GAP for yourself between where you currently are in your life – your current reality – and where you could be – your visionary reality.

Between this two points is the GAP – the room for further personal growth and development and for further spiritual unfolding in your life. Also in this program we'll examine some of the common roadblocks or obstacles that can get in the way of our continual growth and how to avoid or overcome these common blocks.

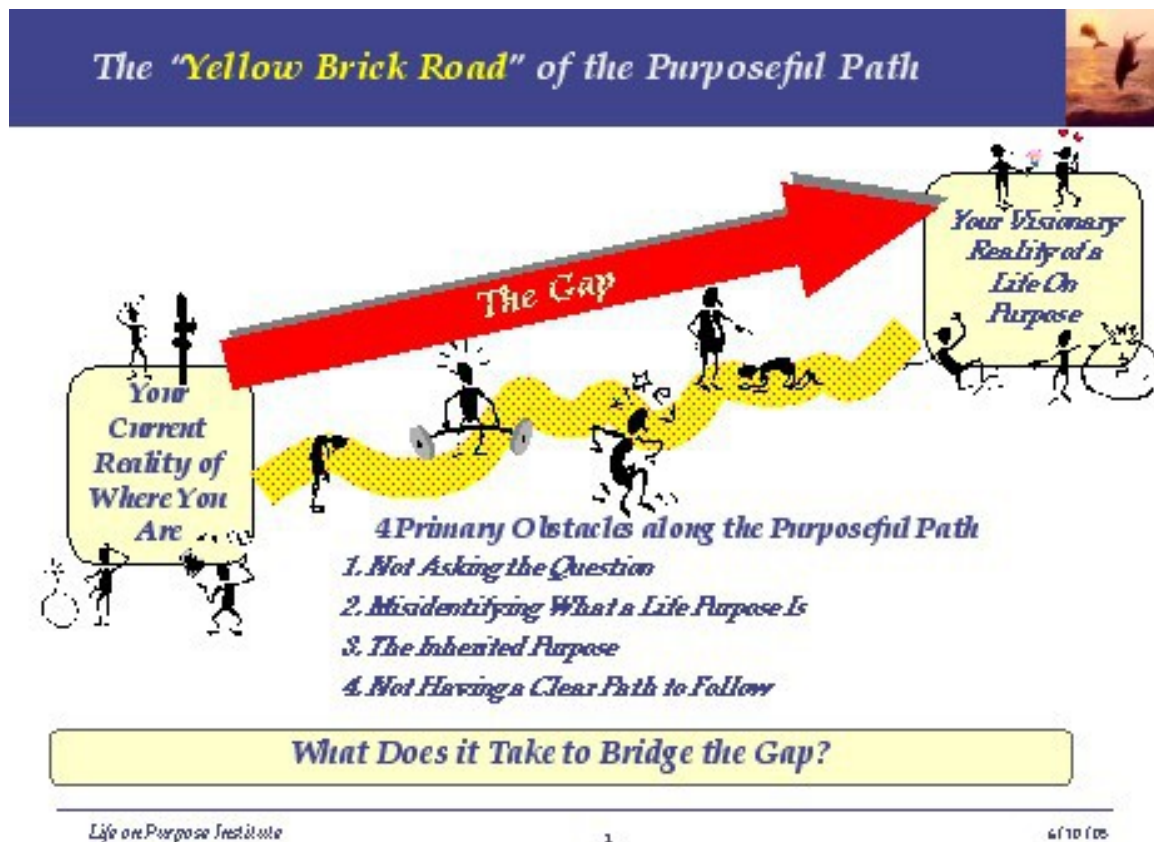
Also between these two points is what I refer to as the Purposeful Path that winds from where you currently are in your life to a future time in which you are living a life on purpose. You can think of the Life On Purpose Process, which this program is a part of, as a roadmap for the Purposeful Path, and as a Life On Purpose Coach, I'm honored to serve as your guide along this first leg of the journey.

The purpose of this program is to jumpstart you on this journey. While your travels won't be finished at its conclusion you will have propelled yourself powerfully along the path and will know by the end of the program whether you're ready to complete the journey or not.

Congratulations on taking a bold step forward to living life on purpose. We at Life On Purpose Institute trust that your journey will be exhilarating and worthwhile.

*W. Bradford Swift*

Founder & Chief Visionary Officer, Life On Purpose Institute  
(828) 697-9239



## Part 1

### Determining Your Starting Point (Current Reality)

The following 3 exercises, the Life On Purpose Scale, the Life On Purpose Self Test and the Wheel of Life, will help you determine your starting point -- where you are today along the Purposeful Pathway, or what I refer to as your **Current Reality**.

Why is this important? Think of it this way. Have you ever gone into a large shopping mall and needed to find a new store but you didn't know where in the mall it was located? What did you do? Perhaps you wandered around for quite some time trying to find the shop. Or maybe you asked someone else in the mall. Or perhaps you went to one of the Mall Maps usually located at each entrance.

If you chose this last option, you would have found on that map an X, with a note "You are Here," or something to that effect. Map designers know that it's easier to find where you want to go if you start by knowing where you are. And that's what you'll be doing with these two exercises.

## **The Life On Purpose Scale**

In regards to your life purpose, circle the one statement that best describes where you are in understanding and living true to your life purpose:

- a. I have no idea what my purpose in life is, not a clue.
- b. I have a vague idea of what my life purpose is, but I need to be much clearer.
- c. I have a fairly good idea what my life purpose is.
- d. I am clear what my life purpose is but I am not living consistent with it.
- e. I am certain of my life purpose and about 25% of the time I am living consistent with it.
- f. I am certain of my life purpose and about 50% of the time I am living consistent with it.
- g. I am certain of my life purpose and about 75% time I am living consistent to it.
- h. I am certain of my life purpose and I am living consistent with it 100 % of the time.

Now, let's get specific about your life purpose. Give your most authentic answer to the following question:

**"What do you consider your purpose in life to be?"**

You can't get this question wrong. We'll revisit your response later after we've traveled further down the purposeful path. Write your response here:


## Living On Purpose Self Test

**Step One:** Circle the number that represents your answer. Use '5' as neutral. Anything below 5 isn't working or lacks clarity; above 5 is working above average or is clear.

1. I am crystal clear what my life purpose is.

Disagree    1       2       3       4       5       6       7       8       9       10       Agree

2. The life I lead is a full expression of my life purpose. (Of course, you need to know your purpose to have your life be an expression of it.)

Disagree    1       2       3       4       5       6       7       8       9       10       Agree

3. My life purpose is designed to nurture those and myself around me.

Disagree    1       2       3       4       5       6       7       8       9       10       Agree

4. My life purpose gives me plenty of room to fully express myself.

Disagree    1       2       3       4       5       6       7       8       9       10       Agree

5. I am fully known and related to as my life purpose by others around me.

Disagree    1       2       3       4       5       6       7       8       9       10       Agree

6. I recognize the contribution I make to others by expressing my life purpose.

Disagree    1       2       3       4       5       6       7       8       9       10       Agree

7. I live a values-based life rather than a materialistic-based life.

Disagree    1       2       3       4       5       6       7       8       9       10       Agree

8. My life is shaped by my life purpose rather than by what others expect of me or think I should be.

Disagree    1       2       3       4       5       6       7       8       9       10       Agree

9. I fully experience and I'm grateful for the simple abundance all around me.

Disagree    1       2       3       4       5       6       7       8       9       10       Agree

10. My life is free of unnecessary clutter and complexities and I seldom feel overwhelmed, rushed or cluttered.

Disagree    1       2       3       4       5       6       7       8       9       10       Agree

11. I regularly acknowledge the gracious bounty of my life.

Disagree    1       2       3       4       5       6       7       8       9       10       Agree

12. I fully realize that many of the best things in life are free and my life reflects this.

Disagree    1       2       3       4       5       6       7       8       9       10       Agree

13. I trust that as I live true to my purpose the Universe will provide everything I need for the expression of my purpose.

Disagree    1       2       3       4       5       6       7       8       9       10       Agree

14. I regularly take time to nurture myself in ways that feed my soul.

Disagree    1      2      3      4      5      6      7      8      9      10      Agree

15. I have plenty of time to devote to my family, friends and community.

Disagree    1      2      3      4      5      6      7      8      9      10      Agree

16. I have a rich and satisfying spiritual life.

Disagree    1      2      3      4      5      6      7      8      9      10      Agree

17. I have taken time to explore my beliefs to be certain they are of my own choice rather than what others think I should believe.

Disagree    1      2      3      4      5      6      7      8      9      10      Agree

18. I've established my home as a sanctuary for the soul and it reflects this.

Disagree    1      2      3      4      5      6      7      8      9      10      Agree

19. I feel a deep sense of security and I'm seldom fearful of not having "enough" of anything.

Disagree    1      2      3      4      5      6      7      8      9      10      Agree

20. I regularly reach out to assist others on their path to living on purpose.

Disagree    1      2      3      4      5      6      7      8      9      10      Agree

## Step Two

Now add up your total score and write it down here: \_\_\_\_\_. Your answer should be somewhere between 20 and 200.

## Step Three

The last step is to determine which of the following categories describes where you are right now. Pick the range your score falls into. Before doing so remember — the point of the exercise is simply to get an idea of where you're starting. There is no right or wrong place to be any more than there's a right or wrong entrance to be at in the Mall. Be careful not to disempower yourself with unnecessary judgments.

### 20—50 "Adrift"

Your life is like a rudderless boat cast adrift at sea, tossed about by the turbulent currents of circumstance. You might view this Self Test as a wake up call. Life has so much more to offer than you are currently experiencing. Sure, it might feel at this point that you have to pull yourself up by your own bootstraps, but this isn't necessarily the case. Look around. The Universe is waiting to provide you with whatever you need. The trick is to start today; right now in the moment. What one action could you take to live more fully on purpose? Who could you call upon for help and support? What requests could you make that would begin the process of healing and nurturing your soul?

### 51—80 "Surviving"

At this level you're getting by in your life, although many times it may feel

like something is missing. Those feelings could be your soul beginning to awaken to the rich possibilities that lie ahead. Trust those feelings and begin to ask your 'inner guidance system' for what's needed to begin fulfilling your life. To do this, you'll need time for quiet reflection. Carving out this time in your life will be richly rewarding, especially if you then follow the suggestions that arise from these moments.

#### *81—110 "Striving"*

Your life is moving forward well at this level and you have much to be thankful for, although you may not be as fully aware of these blessings. So, at this level a little 'gratitude work' can go a long way in moving you to the next level. Two ideal times to consciously practice gratitude are in the morning as you first awaken and at night as you prepare for sleep. If you haven't already done so, consider starting a gratitude journal or simply devote 5 to 10 minutes in the morning and evening 'counting your blessings.' It'll be time well spent.

#### *111—140 "Competency"*

Congratulations! You've been doing good work in your life and it shows. You're living a life that works, that has integrity and you're reaping the bounty of such a life. People and opportunities are beginning to be naturally attracted to you. It's now time to take on a renewed sense of responsibility in your life. You are a light, a beacon for what's possible. In owning this, you move forward in your life as well as being an inspiration for others. To go to the next level, let your light shine. Share your gifts, your blessings and your truest nature with others, not boastfully but authentically.

#### *141—170 "Flourishing"*

Cherish your life. You have created it as a sanctuary for your soul as well as for those around you. Your life is like a tranquil harbor where others can come to rest and receive support. At the same time you know your true self well enough to speak the truth in a way that contributes to others. Going to the next level involves Trust -trusting yourself, your inner guidance, and the Universe.

#### *171—200 "Mastery"*

One of the signs of being a master is knowing that one is never fully a master of anything. However, at this level you are comfortable with such a paradox. Now, what there is to do is to give away all that you have learned, knowing that you can never out-give the Universe, for the more you give, the more the Universe provides.

### **Step Four**

As you continue to travel along the purposeful pathway, monitor your progress by repeating the Self Test about every 3 months. This will give you the opportunity to notice the progress you're making as well as to distinguish areas in which to focus more attention.

## **Exercise: Wheel of Life**

This is a fun, engaging and revealing exercise, so take your time doing it. As we continue to explore what shapes our lives, this exercise will begin to give you a visual representation of the shape of your life.

**Step One:** Make a list of the primary areas of your life. Include all the areas of importance so that the compilation of all of them will encompass your life. There may be from 5 -10 different areas. For example, your list may include work, family, recreation, spirituality, community and so on. Pick the areas and the terms that work best for you.

<b>Area of Life</b>	<b>Working</b>	<b>Satisfied</b>	<b>Average</b>

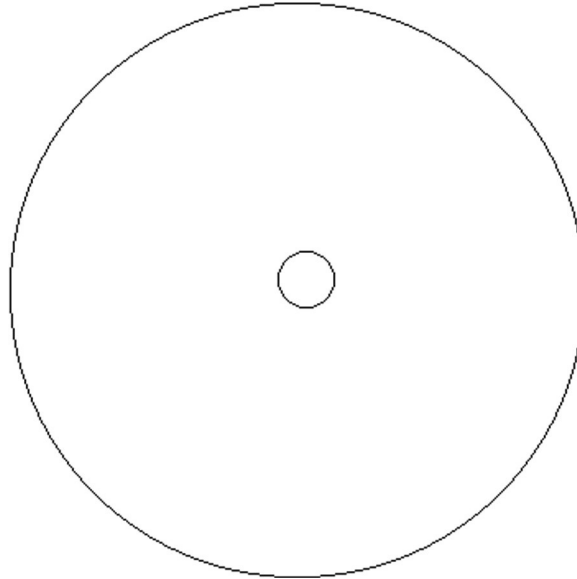
**Step Two:** On a scale from 1 to 10 (1 = unsatisfactory and 10 = Great) evaluate where you presently are in each area of your life. Look from the following two perspectives then take the average of both:

- The degree to which life is working in that area
- The degree to which you are satisfied and fulfilled in that area

For example, your career might be working just fine. You're getting your job done, your employer is pleased and yet you're not satisfied or fulfilled. So, it might be working at the level of an 8, but the degree of satisfaction is at a 4. Your final evaluation for that area would be around a 6 ( $8+4=12$  divided by  $2=6$ .)

**Step Three:** Once you have your list, count up how many different areas you have. On the wheel below draw a line from the hub of the wheel to the outer rim for each area on your list. At the outer rim where the line connects, write the word or phrase for that area of your life.



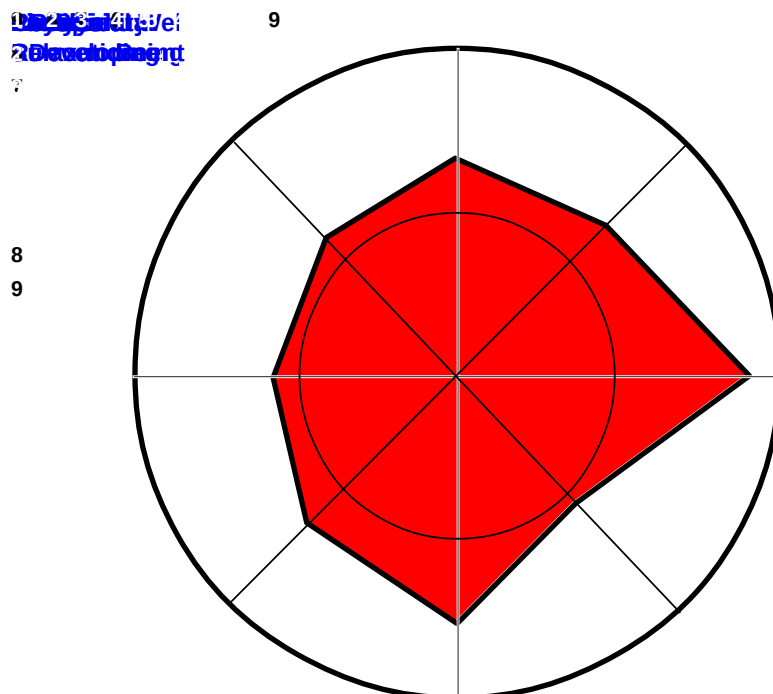


**Step Four:** Once you've determined your level for each area, write the number on the line or spoke that represents that area, with the hub representing a zero and the rim a ten. (For example, if your evaluation is a 5, 5 would go at the middle of the spoke.)

**Step Five:** Once you've completed the evaluation for all the areas, play "connect the numbers." Draw a line from one number to the next until you have all the numbers connected, which will give you an inner circle or wheel.

Take a look at your wheel. Is it balanced? Would your ride be bumpy or smooth if this wheel were on your car? What does this inner circle reveal about your life?

### Wheel of Life Example



## **Part 2**

# **Determining Your Future Point** **(Visionary Reality)**

## **Top 10 Benefits to Knowing &** **Living Your Purpose**

Now, let's look more specifically at some of the top benefits others have reported receiving from becoming clear about their purpose and living a life on purpose. These are some of the top benefits you may want to receive for yourself. It will be helpful if you pick out at least 3 or 4 benefits that you'd most want to gain from going through the Life On Purpose Process. If you review your personal list each week you are likely to be surprised how the benefits begin to 'magically' appear. Actually, it's not magic at all. It's a clear example of the power of intention, attention and the Universal Law of Attraction, which can be simply stated as, what we keep our attention and intention on is what we attract into our life.

What happens what a person becomes clear about their purpose and begins to live true to it?

### **1. Focus**

When you clearly know your life purpose, it becomes a truing mechanism allowing you to focus more clearly on what matters most to you. Many people report that this has been one of the most valuable benefits of going through the Purpose Process™, especially once they begin to use their life purpose to make their decisions and choices in where and how they are going to invest their time, energy, money and talents.

The other side of this coin is that often a life off purpose is unfocused and scattered, much like a boat without a rudder. When you don't know your true purpose in life, your life tends to be thrown all over the place by the currents of circumstances.

### **2. Passion**

For many people clarifying their life purpose becomes the key to unlocking their passion for life. Their passion then becomes the fuel that propels them forward in expressing their life purpose, often in extraordinary ways beyond anything they would have considered in the past before they knew their purpose. A life off purpose is often devoid of any real passion. The experience can be a little bit like the movie Pleasantville. At the start of the movie, everyone in Pleasantville was

living a dull, black and white life, but over time they began to tap into their passion and learned that life could be a beautiful multi-colored experience, filled with passionate moments.

### **3. Unstoppable**

People living on purpose become unstoppable, particularly the longer they live true to their purpose and the more they allow their purpose to shape their life. Yet, at the same time, purposeful people aren't positional in their "unstoppability." They have learned that often times it's not necessary to go through life like a bull, ramming through anything that tries to get in their way

People without clarity of purpose often find themselves stopped or stuck in life, which isn't surprising because they often haven't tapped into their passion so they're like a high powered automobile without any fuel in their tank.

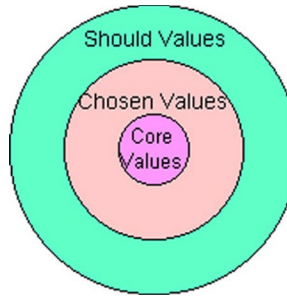
### **4. Fulfillment**

Living a life in which you are regularly expressing your life purpose and allowing it to shape your decisions, your thoughts, feelings and actions is simply a whole lot more fulfilling. A life on purpose is filled with meaning, and people on purpose realize they are making a difference in the world simply by being in the world. Whatever they choose to do in the world to express their life purpose is like icing on the cake. People living off purpose often have a life filled with meaning as well. Unfortunately, the meaning that they have ascribed to life stems from fear and preoccupies them with the need to struggle and suffer. Remember, as the Dalai Lama said, "pain is inevitable, suffering is optional." Knowing your purpose is the key to making this important shift.

### **5. Value-based living**

You will learn as you delve more deeply into the Purpose Process™ that an integral component of a person's life purpose is their "core values" -- those intangibles of life that mean the most to them. Our core values are at the heart of all the values we've been taught we "should" value. Think of it like 3 concentric circles. The largest circle is composed of our "should" values; the next circle inside that one is our "chosen" value -- the "should" values that we actually choose to hold onto and live from. The last circle is our "core" values, -- those chosen values that truly matter most to us. Since these core values are an integral part of our life purpose, when you are living a life on purpose, you are living a "value-based" life, rather than a "lifestyle" based life.

Chosen Values  
Should Values  
Core Values



People living off purpose are often focused on living more from the outer circle of their "should" values, what often is described as "keeping up with the Jones." In a lifestyle-based life, the focus is on life looking a certain way -- the way we were taught our life was supposed to look. This often more on stuff and doing what's expected of us, not what gives us the most joy.

## 6. Fun

Let's face it; living on purpose is simply a lot more fun than living a life based in fear and shoulds. People, who know their life purpose and are living it, have a renewed zest for life. They can bring purposeful play to almost any situation and find or create ways to have each day be a reflection of their true joy and purpose.

Recently, I took time off from my normal work routine to take in an afternoon matinee. The movie I saw was "The Legend of Bagger Vance." While I thoroughly enjoyed playing hooky from work and the movie in general, there was one line that stood out above all the rest. As I heard the line, I realized it was the main lesson I was there to learn that day. The caddie, Bagger Vance, said, "God is happiest when his children are at play." I keep that line on my desk lamp so I won't forget.

Whenever I'm feeling like my work is drudgery, or there's effort involved, I know in those moments I've shifted from expressing my life purpose to something else. Usually the something else is related to some "should" values based in the past. We'll learn more about how the past can shape our lives in a later chapter. People who live off purpose lives have bought into the idea of 'No pain, no gain.' It doesn't have to be that way. Sure, there may be times when you need to exert yourself more diligently, but that doesn't mean you need to suffer while doing it. I lift weights 3 times a week as part of my health and fitness routine. Part of the object to lifting increasing amounts of weight is to fatigue the muscles so they will grow and become stronger.

At the same time, this doesn't mean that I need to be suffering while I'm straining. I have the choice to sweat with enjoyment or to sweat while complaining about how hard it is, or how unfair it is that I have to be stuck in my gym. I choose to bring joy and fun to my life and so can you.

## **7. Integrity**

For me, a life on purpose is a life of ultimate integrity. It's a life that is whole and complete. People, who know their purpose and are living it, know who they are and why they are here. They live true to their core values as they serve themselves and others through the expression of their life purpose.

People who are living off purpose simply haven't found themselves yet. There's nothing wrong with them, there's simply something missing. Knowing their life purpose. Which is why the Life On Purpose Process™ was created -- to provide people with a means of putting into their life this important missing ingredient.

## **8. Trust /Faith**

As people clarify their life purpose and begin to live true to it, many of them report a surprising increase in synchronicities and serendipity in their lives. It's as though the Universe is rewarding them for the courage to live true to their purpose.

There is also a deepening trust and faith for most of these people, as they realize that indeed there is a greater force in the Universe than themselves, while at the same time realizing they are an integral part of that force as well. People living off purpose, are often slow to trust anything they can't see and touch. Coming from fear, trusting looks like a bad idea, and they often have plenty of evidence for not trusting -- all the times they did and were hurt.

That's why it takes real courage to live on purpose. Nowhere in this book will you hear me say that a life on purpose is risk free -- anything but. But I will say from my own experience and from the experience of the thousands of people I've met living on purpose, the risk is well worth it.

## **9. Grace**

According to the dictionary, grace is "the unmerited divine assistance given man..." and people living on purpose often report living a grace-filled life. When you commit to living true to your purpose, something amazing begins to happen. The Universe lines up with your intention and commitment. Perhaps this quote says it best.

Until one is committed, there is hesitancy, the chance to draw back, always ineffectiveness. Concerning all acts of initiative and creativity there is one elementary truth, the ignorance of which kills countless ideas and splendid plans: That the moment one definitely commits oneself, then providence moves too.

All sorts of things occur to help one that would never otherwise have occurred. A whole stream of events issues from the decision, raising ones favor all manner of assistance, which no man could have dreamt would have come his way. I have learned a deep respect for one of Goethe's couplets:

"Whatever you can do, or dream you can, begin it; boldness has genius, power and magic in it."

## 10. Flow

And perhaps we can summarize the other 9 benefits under this last one. People living on purpose live in the flow of the Universal stream of consciousness. Rather than fighting against the current, they allow the current of what wants to happen to happen. They allow what wants to flow to flow.

They know that while they may never completely understand or comprehend God's divine design and plan for this Universe, they can still be an integral part in its realization.

Identifying your true reason for being alive, then aligning your thoughts, feelings, words and actions with this purpose makes living a life of flow possible. I believe such a life is possible when we combine the forces of "making something happen" with the energy of "allowing what's wanting to happen to happen." These are the yin and yang of life that together make it possible to live on purpose in each moment, no matter what the circumstances.

### Exercise: Choosing the Value You Intend to Receive

Pick from the above list the top 4 benefits that resonate most strongly with you; that you'd be interested in receiving and that would significantly contribute to your life.

#### Part 2: Top 4 Benefit Seeds

Write these benefits down along with a couple of sentences or a short paragraph on how you're having received that benefit contributed to you life.

**Example:** Benefit = Fun. With more fun in my life I now enjoy my life more. I have more fun at work, and I now take the time to play with my children. I feel lighter, with less worry and stress. I love playing with my children and laughing more at work and the peace-of-mind this fun provides each day.

Top Benefit #1: \_\_\_\_\_


Top Benefit #2: \_\_\_\_\_


Top Benefit #3: \_\_\_\_\_


Top Benefit #4: \_\_\_\_\_

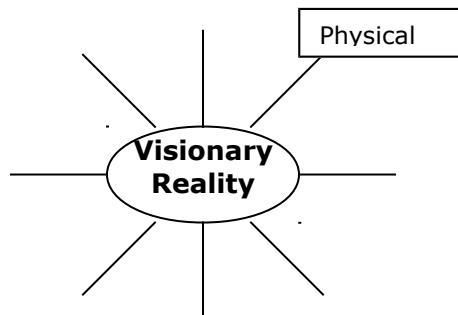

## Part 2: Putting the Pieces Together with a Modified Mindmap

You now have ample “material” to begin to put it all together. You have the areas of your life taken from the Wheel of Life exercise along with a sense where you might want to bring some purposeful energy (the lower scored areas.) You also have a slightly different cut of places to focus from the lower scores of the Self Test. And last but far from least, you have some feel for the experience you want to attract with the top 3 or 4 benefits.

A great interim step to assist the creative process is to draw a modified mind map. I call it modified since the way I’m going to recommend you drawing it has a bit more structure than most mind maps.

A mind map, also known as clustering, is a simple and effective way to tap into your creative energy in a non-linear way. Here's the steps to take:

1. Take blank sheet of paper and turn it sideways so you'll be drawing on it in landscape mode. In the center, write the words, 'Visionary Reality' and if you like, place a date 1 to 3 years in the future. If you like you can also work without a date at this point.
2. Now, replicate the areas of your life just like you did on the Wheel of Life, with radiating spokes.
3. Now you're prepared to begin envisioning what you'd like to have in each area. If you could wave a somewhat realistic magic wand, what would you want to create and/or attract into your life would allow you to experience more of the top benefits you selected. Refer to the work you've done previously, but you don't need to be limited by it. That's the joy of mind mapping. You can let your imagination soar.
4. Once you've limbered up your imagination in this way for a while, you're ready to go on to Part 3 – Creating a Visionary Reality of Your Life On Purpose.



### **Part 3: Creating a Visionary Reality of Your Life On Purpose**

Imagine you are able to step into the future a year from today. During the past year you've applied the principles, practices and processes for living on purpose and through them you've 'waved a realistic magic wand' to create your life on purpose. What is the vision you see for this new reality. Paint a word picture describing your life on purpose a year from today. Use what

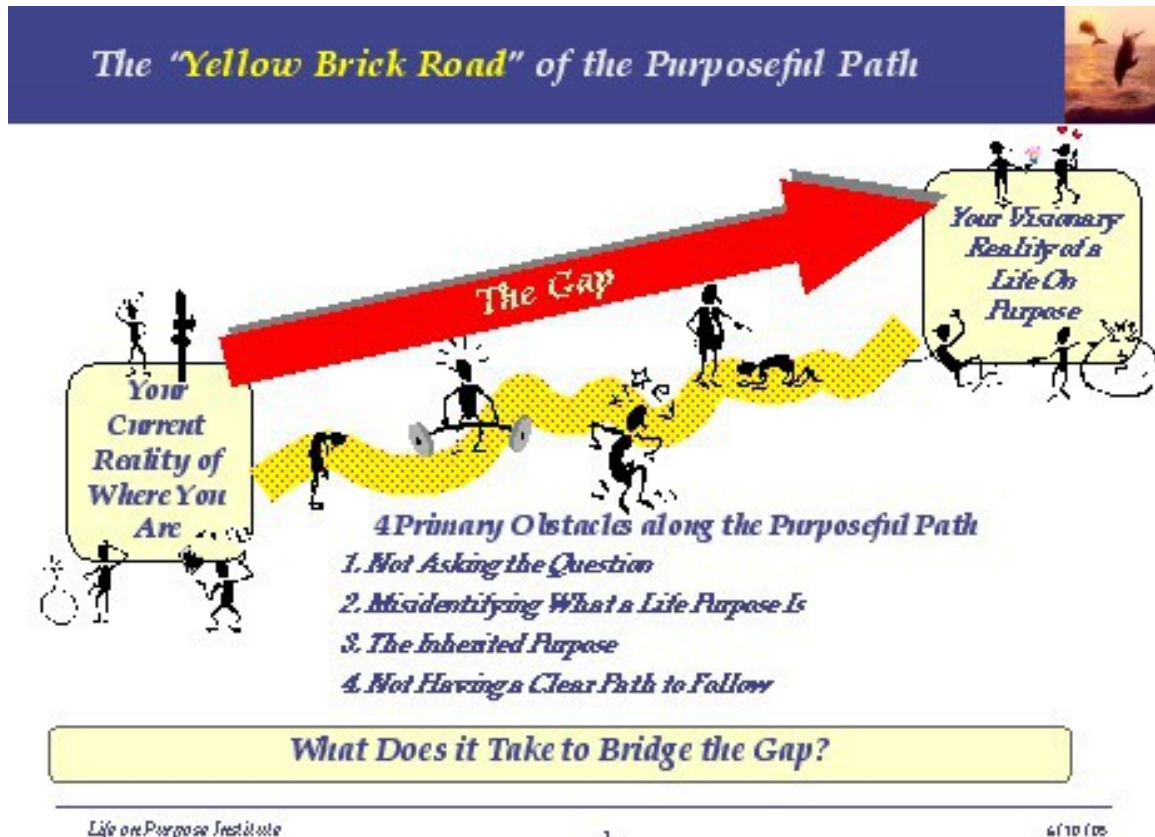


you wrote about your top 4 benefits above and expand upon it to create your visionary reality.

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## Part 3

# Roadblocks Along the Purposeful Path



As you can see from our diagram, there are 4 primary obstacles that can often keep people from every really living their lives on purpose. In these 2<sup>nd</sup> part we'll look at each them which are:

1. Not Asking the Question (What is my life purpose)
2. Misidentifying What a Life Purpose Is
3. The Inherited Purpose
4. Not Having a Clear Path to Follow

## **Not Asking the Question (What is my life purpose?)**

### **Misidentifying What a Life Purpose Is**

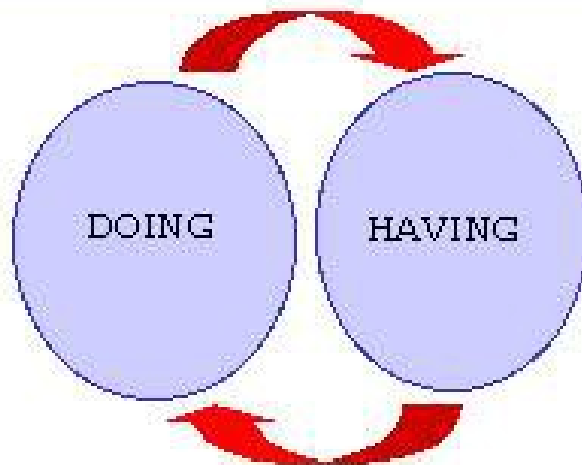
*What is a Life Purpose?*



#### **Cultural Perspective**

*A Life Purpose is:*

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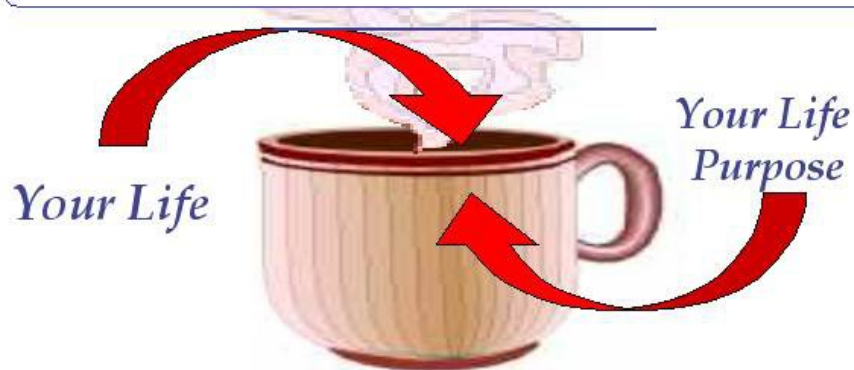
*Vicious Circle  
of Doing & Having leads to  
a Life Off Purpose*

## *The Life On Purpose Perspective*



*A life purpose is:*

---



*The cup gives* \_\_\_\_\_

*Your life purpose* \_\_\_\_\_ . . .

## ... ALL of Your Life!



*Clarity of Purpose*



***The Foundation of Which is:***

- *The Universal Attractive Force of Unconditional & Unlimited Love*
- *Your Relationship with God / A Higher Power*
- *Your Spiritual Nature / Your Spirituality*

*What would such a life be like?*

## *My Life On Purpose as an Example*



*The life purpose statement is not the life purpose  
anymore than a menu is the meal*

*The actual life purpose is the moment-by-moment,  
day-by-day experience of living on purpose.*

## **The Inherited Purpose**

### *What Has Been Shaping Your Life?*



*Without clarity of our true purpose a second force shapes our lives*

- *Formed early in our lives to help us cope*
- *Quietly operates in the background*
- *Shapes who we are and what we do*

*Called "Inherited Purpose"*

- *Based in fear, lack & struggle*
- *Gives a life where something is missing*
- *Operates in the background of our awareness*
- *Our default mechanism making it in life*

***The Inherited Purpose is a MAJOR OBSTACLE  
to Living On Purpose***

## *What is the Wizard from Your Past?*



### ***Wizard of Oz***

- *Wizard used fear to influence Dorothy and her friends*
- *Lost his power when Toto, the dog, revealed the truth*
- *Really just a little man using smoke and mirrors*

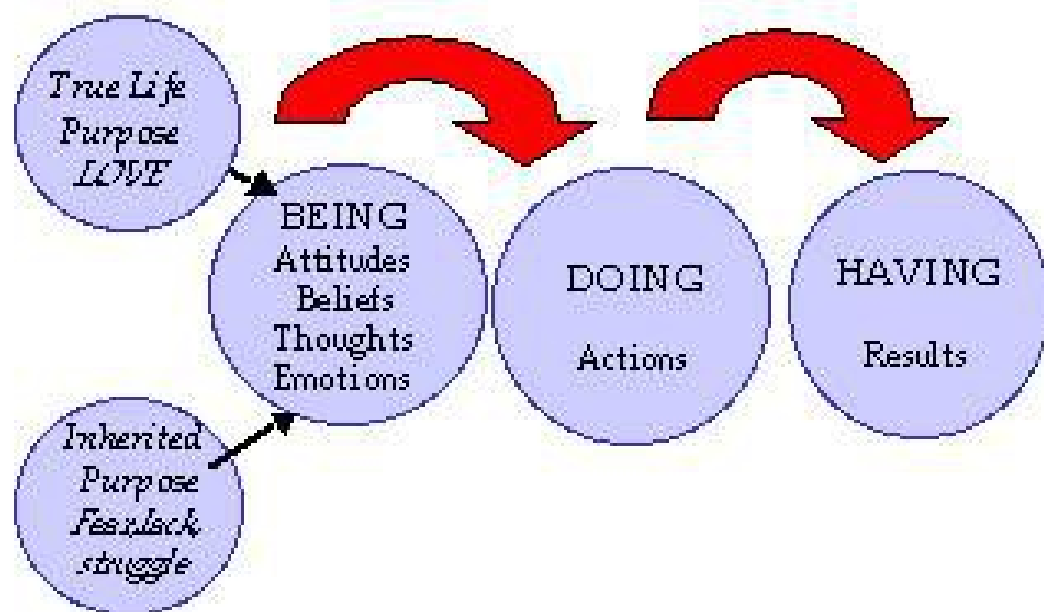
*Life on Purpose Institute*

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## *An Overview for Living On Purpose*



## **Not Having a Clear Path to Follow**

### **The Life On Purpose Process & the 6 Passages**

**The Life On Purpose Process: A proven, systematic, spiritually based and practical process that has already assisted thousands of people to clarify their life purpose and live true to it.**

**1. Preparing for the Journey Along the Purposeful Path:** As we've begun to explore, as with any challenging journey, it's best to thoroughly prepare yourself for your travels along the Purposeful Path. This includes accurately determining where you are starting from and where you intend to end up, as well as what some of the obstacles that can get in the way of completing the journey. "Purposeful Preparation" is important to a successful journey.

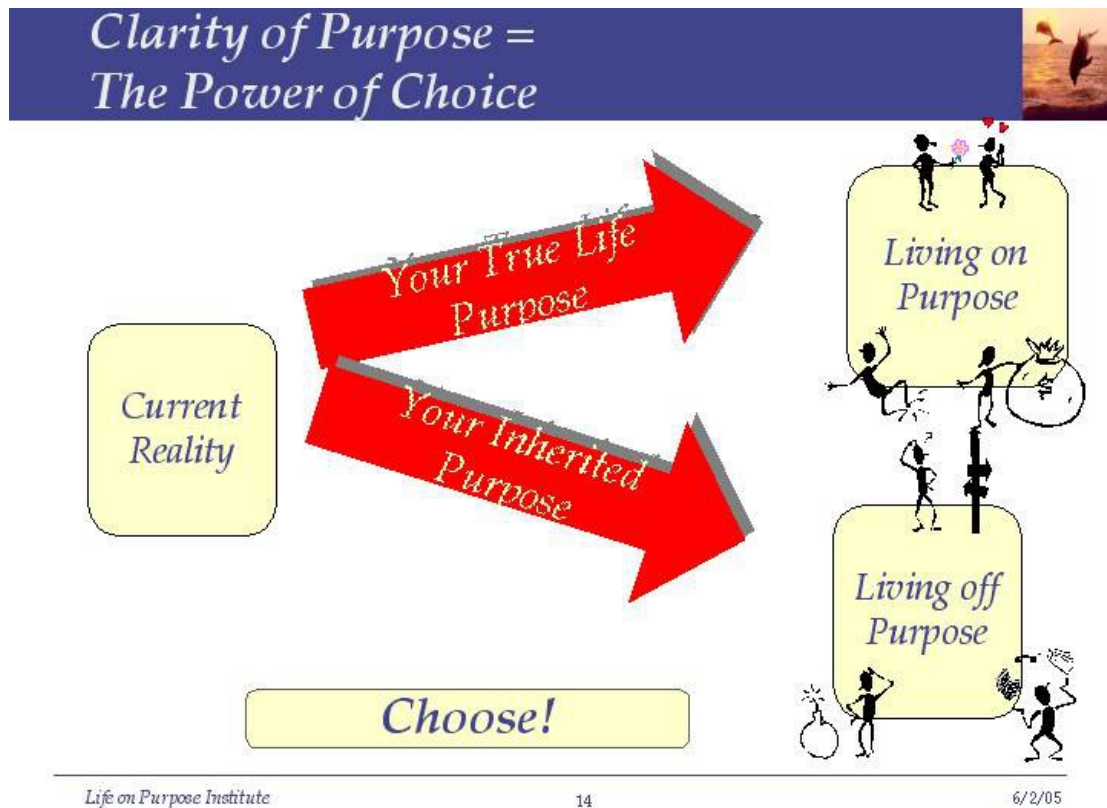
**2. Starting on the Correct Path with the Life On Purpose Perspective:** As with any journey it makes sense to begin on the path that will get you where you want to go most expediently, so we'll explore how most people have thought of a life purpose (the Cultural Perspective), and then look in depth at the Life On Purpose Perspective that open a door to a new world of purpose and possibility.

**3. Clarifying What Has Been Shaping Your Life – Your Inherited Purpose:** Another key passage along the Purposeful Path is clearly identifying what has been shaping your life and keeping you from clarifying and living your true, divinely inspired life purpose. We call this the Inherited Purpose – a powerful force based in fear, lack and a need to struggle to survive that shapes our lives much of the time, especially when we're unclear about our true purpose. Many who have already traveled along the Purposeful Path feel that identifying their specific and unique Inherited Purpose to be one of the most powerful, transforming parts of the Process.

**4. Clarifying & Polishing Your True, Divinely Inspired Purpose:** After "cleaning the slate" by identifying and beginning to be responsible for your Inherited Purpose, the real fun begins as you go through a process called "Priming Your Passion" to clarify your true, divinely inspired life purpose. The process can be not only life affirming, but also life transforming. This completes Stage 1 or the clarifying your life purpose stage.

**5. Learning the Tools for Living On Purpose:** This is the start of Stage 2 of the Process in which you begin to live true to your life purpose. This is where the "rubber meets the road" and where some of the biggest transformations take place as you're introduced to 15 Power Tools for Living On Purpose. You will use these tools to begin to build your life on purpose.

**6. Mastering the Tools for Living On Purpose:** Of course, being introduced to a set of tools is just the beginning, especially if you're interested in building a masterpiece of a life on purpose. In this next part you will learn how to master the art and science of creating a life that is shaped by your true, divinely inspired life purpose.



**Imagine a World Where All People Knew Their Divinely Inspired Life Purpose & Were Living True to It Each & Every Day**


## **What's Next?**

The first question for you to answer is, "Does this approach to life and life purpose resonate with you?" If it does, then the next step is to determine how you can bring "Clarity of Purpose" to your life. Here are a few options:

### **The Life On Purpose Virtual Video Coach**

A powerful way to experience the Life On Purpose Process is through this online video coaching program that allows you to clarify your true purpose from anywhere in the world on your own timeframe and on your own schedule. For complete information go to:

<http://www.lifeonpurpose.com/virtualcoach>

May your journey along the purposeful path continue to be filled with purpose, passion and play.